

# DISCOVER TRUTH FOR YOURSELF

## Lightning Study



### Psalm 56

- 1 Be gracious to me, O God, for man has trampled upon me; Fighting all day long he oppresses me.
- 2 My foes have trampled upon me all day long, For they are many who fight proudly against me.
- 3 When I am afraid, I will put my trust in You.
- 4 In God, whose word I praise, in God I have put my trust; I shall not be afraid. What can *mere* man do to me?
- 5 All day long they distort my words; All their thoughts are against me for evil.
- 6 They attack, they lurk, they watch my steps, As they have waited *to take* my life.
- 7 Because of wickedness, cast them forth, In anger put down the peoples, O God!
- 8 You have taken account of my wanderings; Put my tears in Your bottle. Are *they* not in Your book?
- 9 Then my enemies will turn back in the day when I call; This I know, that God is for me.
- 10 In God, *whose* word I praise, in the LORD, *whose* word I praise,
- 11 In God I have put my trust, I shall not be afraid. What can man do to me?
- 12 Your vows are *binding* upon me, O God; I will render thank offerings to You.
- 13 For You have delivered my soul from death, Indeed my feet from stumbling, so that I may walk before God In the light of the living.

### 2 Timothy 1:7

- 7 For God has not given us a spirit of timidity, but of power and love and discipline.

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### Instructions

Are you going through **difficult times** and it seems that there is no way out? What has been your reaction? **Is there anyone in whom you can trust?**

Follow the instructions below to discover truth for yourself.

**Mark:** **God** including all synonyms (LORD) and pronouns (You, Your).

**Reflect:** Look at your markings; what did you learn about God?

According to verse 13, why did God deliver the psalmist from death?

**Mark:** the verbs in verses 1, 2, 5, and 6 related to the psalmist's enemies: **trampled**, fighting, oppresses, etc.

**Reflect:** What are the difficulties the psalmist is going through? Is there a reason to fear?

**Mark:** the phrase '**put my trust**'.

**Reflect:** In whom do I trust?

What are the situations in which I should trust in God?  
Are our tears wasted?

According to 2 Timothy 1:7, what has God given us?

Contact Precept Ministries Scotland (details below) for further help with Bible study

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